



# Consultant Directory

2019/2020



**North Downs  
Hospital**

Part of Ramsay Health Care

# About **North Downs Hospital**

At North Downs Hospital we offer fast access to the highest standards of care, so people know they can trust us to help them get better quickly. As the biggest provider of NHS procedures after the NHS you can count on first class treatment.

We offer consultant led care from some of the most well-qualified and experienced specialists in their field of expertise.

## Our **Areas of Expertise**



Bone & Joint Pain



Cosmetic Surgery



Ear, Nose & Throat Conditions



Diagnostics



Eye Care



General Medical Conditions



Mens' Health



Gastroenterology



Pain Relief



Physiotherapy



Skin Concerns



Womens' Health



CQC Rated Good



JAG Accredited

# Clinic Listings (NHS and Private)

Specialty	Consultant	Private	NHS
<b>Audiology</b>			
Hearing and Tinnitus Management	Mr Prince Punnoose	•	
<b>Cardiology</b>			
All aspects of Cardiology	Dr Richard Allen	•	
<b>Cosmetic Surgery</b>			
Hands, Body & Face	Mr Oliver Harley	•	•
Hands, Body & Face	Mr TC Teo	•	•
Breast, Body & Face	Mr Siva Kumar	•	
Breast, Body & Face	Miss Elena Prousskaia	•	
<b>Dermatology</b>			
All aspects of Dermatology	Dr Sandeep Cliff ( m)	•	
All aspects of Dermatology	Dr Sunita Gossain (f)	•	
<b>Dietician</b>			
Weight Management, Diabetes, Gastroenterology	Miss Lucy Jones	•	
Assessment, Treatment and Advice	Mr Abdool Nayeck	•	
<b>Endocrinology</b>			
Diabetes	Dr Chandra Prajapati	•	
<b>ENT</b>			
Snoring, Sleep Apnoea, General ENT	Mr Sameer Khemani	•	
Hearing loss, Snoring, Sleep, Voice, Sinus	Mr Jerome Lim	•	
<b>Family Planning</b>			
Menopause, Contraception, Vasectomies	Dr Tina Peers	•	

# Clinic Listings (NHS and Private)

Specialty	Consultant	Private	NHS
<b>Gastroenterology</b>			
IBS, Endoscopy, Colonoscopy	Dr Azhar Ansari	•	•
IBS, Abnormal Liver, Liver Diseases	Dr Gayatri Chakrabarty (f)	•	•
IBS, Diseases of the Liver	Dr Matthew Cowan	•	•
IBS, GI Cancer, Endoscopy	Dr Asif Mahmood	•	•
IBS, Upper & Lower GI Cancer	Dr Mike Mendall	•	
IBS, OGD, abnormal LFT's	Dr Jonathan Stenner	•	•
<b>General Medicine</b>			
Respiratory	Dr Devikumar Acharya	•	
Respiratory	Dr Kofi Nimako	•	
Elderly Medicine, Parkinsons	Dr Chandra Prajapati	•	
<b>General Surgery</b>			
General Surgery, Hernia and Colorectal Surgery	Mr Al Mutaz Abulafi	•	•
General Surgery and Open Hernia	Mr Stephen Brennan	•	•
Upper GI and Hernia Surgery and Laparoscopic Surgery	Mr Shwetal Dighe	•	•
Upper GI Surgery and Laparoscopic Surgery	Mr Anupam Dixit	•	
Laparoscopic Hernia, Cholecystectomy	Mr Paras Jethwa	•	•
General and Colorectal Surgery	Mr Said Mohamed	•	
General surgery, Hernia, Bowel Cancer	Mr Ian Swift	•	•
<b>Gynaecology</b>			
Endometriosis, Stress Incontinence	Miss Heather Allen-Coward (f)	•	•
All general Gynaecology	Mr Sumit Kar (m)	•	•
All general Gynaecology, endometriosis	Mr Emmanuel Ofuasia (m)	•	•

# Clinic Listings (NHS and Private)

Specialty	Consultant	Private	NHS
<b>Gynaecology</b>			
Pelvic Pain, vulval disease	Mr James Penny (m)	•	
All general Gynaecology	Mr Sahathevan Sathiyathan (m)	•	•
All general Gynaecology	Miss Sharmila Sivarajan (f)	•	•
<b>Haematology</b>			
General and Haematological Cancers	Dr Santhosh Narat	•	
<b>Hand Therapy</b>			
Occupational Therapist - Hand	Mrs Catherine Manley	•	
<b>Neurology</b>			
All Neurological Disorders	Dr Jeffrey Kimber	•	
<b>Ophthalmology</b>			
All aspects of Ophthalmology including Cataract & Vision Correction Surgery, Dry Eye	Mr Saj Khan	•	•
All aspects of Ophthalmology including Diabetic Ophthalmology & Retinal Conditions	Mr Ijaz Sheikh	•	•
<b>Orthopaedic - Foot &amp; Ankle</b>			
Foot & Ankle	Mr Sanjay Chougule	•	•
Foot & Ankle, Keyhole Bunion	Mr Kumar Kunasingam	•	•
Foot & Ankle	Mr Mohan Lal	•	•
<b>Orthopaedic - Hip &amp; Knee</b>			
Knee Only	Mr Bobby Anand	•	•
Hip & Knee	Mr Sanjay Chougule	•	•
Hip & Knee	Mr Khalid Drabu	•	•
Hip & Knee	Mr Paul Jairaj	•	
Hip & Knee	Mr Mohan Lal	•	•

# Clinic Listings (NHS and Private)

Specialty	Consultant	Private	NHS
Hip & Knee	Mr Praveen Panose	•	•
Knee Only	Mr George Tselentakis	•	
<b>Orthopaedics - Upper Limb</b>			
Shoulder	Mr Anestis Iossifidis	•	•
Shoulder, Elbow, Hand & Wrist	Mr Arvind Mohan	•	•
Shoulder, Elbow, Hand & Wrist	Mr Thiyagarajah Selvan	•	•
Elbow, Hand & Wrist	Mr Ali Shafighian	•	•
Hand, Wrist & Elbow	Mr Ritesh Sharma	•	•
<b>Orthopaedics - Spine</b>			
Spine	Mr Amarjit Anand	•	
Spine	Mr Praveen Inaparthi	•	•
Spine	Mr Gavin Marsh	•	•
<b>Pain Management</b>			
Chronic Pain	Dr Sree Kumar Kunnumpurath	•	•
Chronic Pain	Dr Jones Kurian	•	
Chronic Pain	Dr Debajit Phukan	•	•
Chronic Pain	Dr Gautham Srinivasan	•	•
<b>Physiotherapy</b>			
Women's Health Physio	Dr Yvonne Coldron	•	
All Physio	Mrs Sarah Harper	•	
All Physio	Mrs Jo Lees	•	
All Physio	Mrs Lisa Marshall	•	
<b>Podiatry</b>			
Foot Conditions & Surgery	Mr Eoin Baldwin	•	•

# Clinic Listings (NHS and Private)

Specialty	Consultant	Private	NHS
Foot Conditions Non Surgical	Mr Jared Green	•	
Foot Conditions & Surgery	Mr Ralph Graham	•	
Foot Conditions & Surgery	Mr Stephen Hewitt	•	•
<b>Psychiatry</b>			
Conditions in the over 50's	Dr Nicholas Clarke	•	
<b>Rheumatology</b>			
All Rheumatological Diseases	Dr Raad Makadsi	•	
All Rheumatological Diseases	Dr Rizwan Rajak	•	
<b>Urology</b>			
All Urological conditions	Mr Steve Foley	•	
All Urological conditions	Mr Ben Horsburgh	•	•
All Urological conditions	Prof Abhay Rane	•	
All Urological conditions	Mr Palaniappa Shanmugaraju ( Mr Raju)	•	•
All Urological conditions	Mr Mushtaq Shuja	•	•
<b>Vascular</b>			
PVD, Varicose Veins	Mr Tom Loosemore	•	•
PVD, Varicose Veins	Mr Gary Maytham	•	•

# Private Patient **Manager**

As North Downs Hospital is committed to the provision of a first class, high quality experience for all patients, we provide a Private Patient Manager service.

Joanna Morris is available throughout consultation, treatment and aftercare to offer a personalised service to each patient dependent on their needs and wishes. She is able to provide the vital link required between patients and their Consultant facilitating a streamlined treatment pathway.

## **What our Private Patient Manager offers**

Joanna will:

- Be a point of contact for all private patients.
- Manage the private patient journey.
- Answer private patient queries within 24 hours Monday to Friday.
- Walk patients through the various stages of their private treatment and help with queries or concerns regarding referrals, insurance or anything else relating to their hospital stay.
- Ensure any special requirements are met before, during or after a patient's visit.

Joanna can be contacted directly as follows:

01883 337 430

[joanna.morris@ramsayhealth.co.uk](mailto:joanna.morris@ramsayhealth.co.uk)



# GP Liaison **Officer**

In order to facilitate relationships between North Downs Hospital and the wider healthcare community, we have a dedicated GP Liaison Officer working both in and around the East Surrey / Sussex / Kent area. Michelle Wettone is responsible for building and developing relationships between those referring their patients and the hospital providing this treatment. She is able to utilise the expertise of our Consultants to provide training and educational events to GPs, Practice Managers, Nurse Practitioners and Physiotherapists enabling continued professional development.

## **What our GPL offers**

Michelle can offer:

- Lunch and Learn educational sessions.
- Consultant-led training for professionals.
- Social events and GP networking opportunities.
- Medical secretary workshops.
- Online referral system support.
- GP referral literature and regular hospital updates.
- A direct liaison between referrers, Consultants and hospital services.

Michelle can be contacted directly as follows:

07816 466 282

[michelle.wettone@ramsayhealth.co.uk](mailto:michelle.wettone@ramsayhealth.co.uk)

# Referring **Private Patients Online**

The Ramsay Health Care online Patient Referral system has been designed to allow you to refer private patients easily, quickly and securely to your Ramsay hospital of choice.

As well as being quick and easy to complete, using the online system will also help reduce your postage costs and speed up the referral process - all in a secure, online environment.

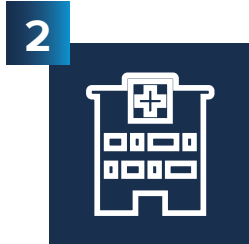
To make a referral, simply visit [ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral) and complete the short form.



## MAKING AN **ONLINE REFERRAL**



In your browser go to [ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral). Login with Username: **Ramsayonline** and Password: **Ramsaygp**



Select the Ramsay hospital that you wish to send the referral to from the drop-down list



Attach a copy of the referral letter by clicking on 'Select' and adding the file or copy and paste it directly into the form



Complete the remainder of the form noting the mandatory fields marked with an asterisk  
If the consultant is unknown please select 'specialty referral only'



Once you have completed the form, press the 'Submit' button to send the referral directly to the Ramsay hospital



You see an immediate confirmation that the referral has been received (also sent by secure email) and the hospital processes the referral

# Physiotherapy at **North Downs Hospital**

The Physiotherapy Department is staffed by professional and experienced clinical Chartered Physiotherapists. We work to Physiotherapy Chartered Society Standards supporting best practice and will strive to provide the best in patient care.

All physiotherapy patients have a treatment plan established on assessment by their physiotherapist, which is regularly reviewed during the course of physiotherapy treatment.

We aim to see urgent referrals within 48 hours of referral and non urgent referrals within five working days. Referrals are accepted from GP's and Allied Professionals. Self paying patients may refer themselves for physiotherapy. Discharge reports are sent to the patient and the Referrer when the patient has completed treatment. Packages of care can be provided for patients with long term rehabilitation requirements.

Referrals can be emailed to **[rhc.northdowns.referrals@nhs.net](mailto:rhc.northdowns.referrals@nhs.net)** or complete Online Private Referral Form.



# Diagnostic Services Available at **North Downs Hospital**

Our service is run by a friendly team of experienced, qualified radiographers. Images are reported by a specialist Consultant Radiologist and sent directly to GP or referring healthcare professional, usually within 48 hours.

Radiology appointments can only be issued to the patient on receipt of a medical referral from a GP. The radiology form must be completed for all Private and Self Pay Radiology referrals and sent by secure email to [rhc.northdowns.referrals@nhs.net](mailto:rhc.northdowns.referrals@nhs.net)

## Radiology Services available at North Downs Hospital

### Diagnostic

<b>CT</b>	Available at Ashtead, our sister hospital
<b>U/S (non-interventional)</b>	Available at North Downs Hospital
<b>U/S (interventional)</b>	Available at North Downs Hospital
<b>Mammography (screening)</b>	Available at Ashtead Hospital
<b>MRI</b>	Available at Ashtead Hospital
<b>X-Ray</b>	Available at North Downs Hospital

\*services listed above are for Private and Self Pay Patients.



# Acceptance Criteria for NHS Referrals at Ramsay Health Care UK

## Standard Acceptance Criteria

Under the Standard Acute Contract that Ramsay Health Care UK hold with the NHS, our acceptance criteria for accepting NHS patients has been updated.

The only exclusions are:

- Patients under the age of 19 years of age.
- Patients with BMI over 40.
- A patient with an incapacitating disease that is a constant threat to life.
- On the Mental Health Register with acute mental health condition.

Please include NHS numbers and confirm all demographic details of the patient including full name, address and daytime telephone numbers including any mobile. Please ensure you include or send any relevant X-rays, scans, test results, BMI, current medication, past medical history and any known drug allergies.

Our services are delivered at NHS tariff with no additional costs to patients or CCGs.

Free Hospital Parking.

Find us on e-Referral Service, by searching for the service required.

## Other useful **contact numbers**

Reception

01883 348 981

Hospital Director - Monica Clarke

01883 337 444

Head of Clinical Services (Matron) - Carole Collier

01883 337 449

GP Liaison Officer - Michelle Wettone

07816 466 282

Private Patient Manager - Joanna Morris

01883 337 430

NHS Coordinator - Sharon Ferrier

01883 337 447

Outpatient Appointments

01883 337 440

01883 337 442

Radiology team

01883 337 416

Physiotherapy team

01883 337 436

Secure email address

[rhc.northdowns.referrals@nhs.net](mailto:rhc.northdowns.referrals@nhs.net)



# How to **find us**

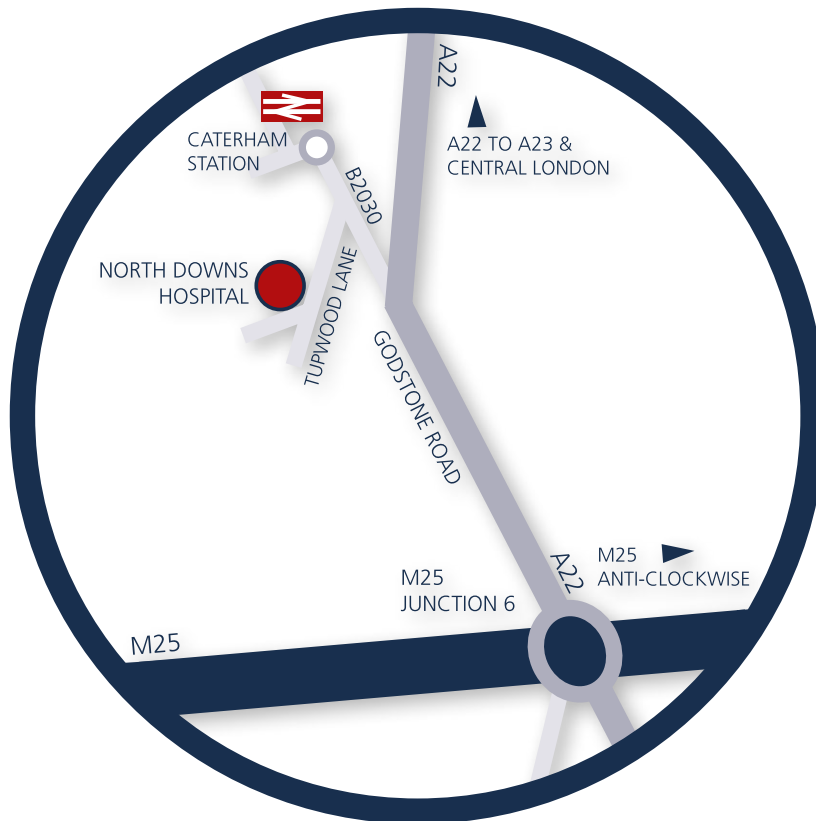
North Downs Hospital

46 Tupwood Lane, Caterham, Surrey CR3 6DP

Tel: 01883 348 981

## By Road

From M25 - Exit at junction 6 onto A22 towards London. Follow A22 until turning left onto B2030. Turn left again onto Tupwood Lane. North Downs Hospital is a short distance on the right. We have a small car park which is free to use.



[northdownshospital.co.uk](http://northdownshospital.co.uk)

 [/northdownshospital](https://www.facebook.com/northdownshospital)